

CAMP CADENCE

LOCATION:

Cadence Equestrian Center 14150 S Pine Street Edmond, OK 73034

Directions: Heading Northbound on I-35 take exit 146 on the right. Head East on Waterloo Rd. for approximately half a mile. Turn left to head North on Pine St. then Cadence will be located approximately a quarter mile down on the right-hand side.

DROP OFF & PICK UP:

HALF-DAY CAMPS

- Drop off is at the Riding Academy barn between 8:45 - 9:00 am each day. Please try to drop off promptly in this time frame so that we can get started.
- Pick up is at the Riding Academy barn from 11:55 - 12:00 pm each day for Half-Day camps. Please do not be late and please don't arrive earlier than the pick-up time each day so as not to disturb our many camp activities.

FULL-DAY CAMPS

Before/After care is available for select Full-Day camps from 8:30-9:00 am & 3:00-5:30 pm daily for an additional cost.

- Drop off is between 8:45 - 9:00 am each day. Please try to drop off at the riding academy barn promptly in this time frame so that we can get started on time each day.
- Pick up is at 2:55 - 3:00 pm each day for Full-Day camps. Pick up is at the riding academy barn. Please arrive no earlier than the pick-up time each day so as not to disturb our many camp activities.

OVERNIGHT CAMPS

- Drop off is at 3:00 pm Sunday at the Riding Academy barn. Camp staff will direct you to lodging for your luggage.
- Pick up is at the Riding Academy barn 12:00 pm Saturday.

CAMP ATTIRE & PACKING LIST:

FULL-DAY CAMPS

Please make sure all of items are marked with your child's first and last name.

DAILY ATTIRE:

- Long pants (jeans, breeches or tights)
- Closed-toed shoes preferably with heel (boots are best); however if you are buying boots for camp & you think your camper may take riding lessons in future, please invest in English paddock boots (not cowboy boots) – these are locally available at Red Earth Feed & Tack in OKC, or Circle E in Edmond.
- Sunscreen & bug spray applied BEFORE camp each day
- Swimsuit under clothing on Thursday of camp.
- Riding helmets provided
- If your child has allergies, you may want to give them allergy medicine before camp.

DAILY PACKING LIST:

- Refillable water jug filled with ice water
- Packed lunch - *If your camper's lunch needs to be refrigerated, please pack lunch with an ice pack inside or inform the counselor if you would like the lunch placed in the refrigerator. Please do not send meals that need to be microwaved. Also please note: some of our campers have life-threatening peanut and tree-nut allergies. We ask that you partner with us in protecting our campers by considering not packing food containing peanut butter or nuts.*

SPECIALITY DAYS:

WEDNESDAY - FISHING DAY! What to bring: Fishing pole & bait of choice (not mandatory) What to wear: Please make sure kids have extra sunscreen & bug spray on that day -- a hat is great too!

THURSDAY - WATER DAY! What to bring: Towel & water shoes (any shoes that can get wet) What to wear: Please make sure your camper has their swimsuit on underneath their clothes and also has plenty of sunscreen applied before camp!

FRIDAY - PARENT/AWARDS CEREMONY! For our full day campers only; parents or guardians should arrive between 2:30 pm - 2:45 pm for the awards ceremony. It will be held in front of the office area. We will recognize campers for their accomplishments during the week! Afterwards feel free to take photos!

HALF-DAY CAMPS

DAILY ATTIRE

- If your child has allergies, you may want to give them allergy medicine before camp.
- Long pants (jeans or breeches)
- Closed-toed shoes preferably with heel (boots are best); however if you are buying boots for camp & you think your child may take riding lessons in future, please invest in English paddock boots (not cowboy boots) – these are locally available at Red Earth Feed & Tack in OKC, or Circle E in Edmond.
- Sunscreen & bug spray applied BEFORE camp each day
- Riding helmets provided

DAILY PACKING LIST

Please make sure all of items are marked with your child's first and last name.

- Refillable water jug filled with ice water

OVERNIGHT CAMPS

PACKING LIST

- Twin size fitted sheet
- Pillow
- Sleeping bag
- Toiletries (Shampoo, Conditioner, Toothbrush, Toothpaste, Hairbrush, Hair-ties, Body Wash)
- Bottle of Sunscreen
- Bottle of Bug Spray
- Bath Towel
- Beach Towel
- Water Shoes or Flip-Flops
- Swimsuit
- Shorts (athletic shorts preferred)
- Shirts (t-shirts, tank-tops, etc.)
- Riding Pants, tights or jeans
- Riding Boots
- Undergarments
- Tennis Shoes
- Sleepwear
- Hat
- Coat or Rain Coat
- Medication
- Refillable Water Bottle

NOT PERMITTED ITEMS:

- Electronic devices should be left at home. If you must send a cell phone with your child, it must be kept in the off position and in the camper's assigned locker during camp hours. We are not responsible for lost cell phones.
- Toys, balls, games
- Additional items not listed in the camp packing list or camp attire list

FREQUENTLY ASKED QUESTIONS:

What if my child doesn't know anyone at camp?

One of the primary goals of child development is learning to make friends. Our counselors are trained to facilitate good relationships between children.

Can parents stay during camp?

One of the greatest benefits of camp is offering children a safe atmosphere for emerging independence, an important part of child development. We also have found when parents remain it is distracting and the children have a difficult time concentrating on camp activities. Therefore we do not have visiting hours during camp, but each camper will receive a framed photo of them riding a horse to take home.

Can I request that my child be put in a group with his/her friends?

Campers can request to be in the same riding group with his/her friends and we will do our best to accommodate the campers.

Can I come watch camp?

Unfortunately no, parents and guardians cannot come watch during camp hours. This is a distraction to our campers and staff. This is also to ensure the safety and well being of all of our campers.

If you would like to watch your child ride you can set up an introductory riding lesson. This can be done on our website (www.CadenceEquestrian.com).

Does Cadence have social media accounts?

Be sure to "like" Cadence Equestrian on Facebook & follow us on Instagram & Twitter! We will be posting lots of photos during the summer each week of our summer camp! You can find links to these accounts on our website!